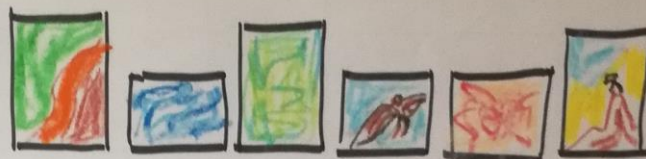
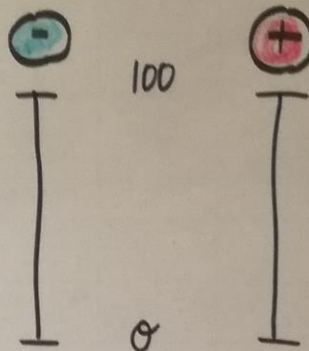
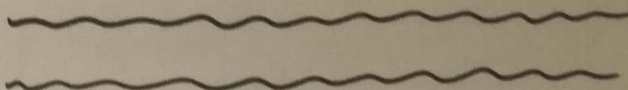


Mein Thema:

gemischte Gefühle

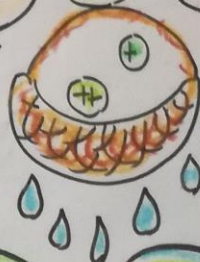


$\ominus \downarrow > 70 \oplus$

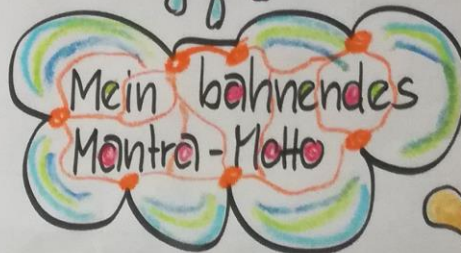
= „mein Bild“



NUR positive Wortspenden:
Stimmung, Inhalt,
Form, Farbe ...



Ideen Korb



Mein bahndendes
Mantra-Motto



Micro Move



Primes



Not-fall Plan

emotionale Bilanz
Erfahrungsgedächtnis

- unbewußt
- semat. Markter
- möglich / mag ich nicht
- parallel 200ms

Verstand

- bewußt
- Sprache
- gut / nicht gut
- sequentiell

900ms